

UNIVERSITY DIPLOMA IN HUMAN LACTATION AND BREASTFEEDING

Main Language of Instruction:French ☒ English ☐ Arabic ☐**Campus Where the Program Is Offered:** CSM**OBJECTIVES**

This University Diploma provides in-depth training in human lactation and breastfeeding. It also prepares participants for the International Board Certified Lactation Consultant (IBCLC) examination, which is recognized worldwide.

PROGRAM LEARNING OUTCOMES (COMPETENCIES)

Develop integrated strategies to protect, support, and promote breastfeeding, both at the level of the mother–infant dyad and within the community.

ADMISSION REQUIREMENTS

- Diploma or Bachelor in Midwifery
- Bachelor in Nursing
- Diploma or Bachelor in Nutrition
- At least two years of professional experience

PROGRAM REQUIREMENTS**18 Credits: Required Courses (18 credits)****Required Courses (18 Cr.)**

Anatomy and Physiology of Human Lactation (2 Cr.), Breastfeeding and Evidence-Based Practice (1 Cr.), Clinical Placement (2 Cr.), Ethical and Legal Aspects of Human Lactation (1 Cr.), Infant Growth and Development (1 Cr.), Maternal and Infant Pathologies (3 Cr.), Nutritional and Immunological Aspects of Breastfeeding (2 Cr.), Professional Communication and Breastfeeding (1 Cr.), Professional Practice in Breastfeeding (3 Cr.), Psychosocial and Cultural Dimensions of Human Lactation (1 Cr.), Public Health Foundations and Advocacy Strategies (1 Cr.)

COURSE DESCRIPTION

034APLHP1	Anatomy and Physiology of Human Lactation	2 Cr.
This course provides students with fundamental knowledge of the anatomical structure of the breast and the physiological processes involved in the production and ejection of breast milk.		
034AMDPP1	Breastfeeding and Evidence-Based Practice	1 Cr.
This course introduces the principles of evidence-based practice applied to human lactation, with an emphasis on the critical use of scientific research to improve care and support for mothers.		
034SMCA	Clinical Placement	2 Cr.
This course provides students with practical clinical experience, allowing them to apply theoretical knowledge while supporting mothers and newborns to protect, encourage, and promote breastfeeding.		

034AEJLP2	Ethical and Legal Aspects of Human Lactation	1 Cr.
This course explores the ethical principles and legal frameworks related to breastfeeding practice, with a focus on the rights of mothers and infants, as well as confidentiality and informed consent.		
034CDNOP1	Infant Growth and Development	1 Cr.
This course introduces students to the fundamental knowledge of the key stages in the physical growth and neurobehavioral development of infants during their first year of life.		
034PMIAP2	Maternal and Infant Pathologies	3 Cr.
This course provides students with key knowledge of the impact of breastfeeding on preexisting maternal conditions and neonatal pathologies. It also addresses the effects of medications on lactation.		
034DNIAP2	Nutritional and Immunological Aspects of Breastfeeding	2 Cr.
This course provides students with fundamental knowledge of breast milk composition and its essential roles in infant nutrition and immune system development.		
034CPAMP1	Professional Communication and Breastfeeding	1 Cr.
This course develops essential communication skills in students to effectively support mothers in their breastfeeding journey.		
034PPAMP2	Professional Practice in Breastfeeding	3 Cr.
This course provides students with the clinical and interpersonal skills necessary to support mothers during the breastfeeding period.		
034DPSCP1	Psychosocial and Cultural Dimensions of Human Lactation	1 Cr.
This course explores the psychosocial and cultural factors that influence breastfeeding practices, taking into account the beliefs, values, and social contexts of families.		
034FPSPP1	Public Health Foundations and Advocacy Strategies	1 Cr.
This course presents the conceptual foundations of public health and advocacy strategies aimed at promoting breastfeeding at both the community and institutional levels.		